



The Liver Care Foundation Annual Report April to March 2021-2022

The Foundation

The Liver Care Foundation was established in 2005 as a non-profit organization with a view to contribute to society by connecting with the public, patient and provider, as a part of its focus towards prevention of liver disease.

Goal

To assist and support Health care related to Liver Diseases.

Vision

To contribute to a world 'Free of Liver Disease'

Mission

1. To advocate and generate public awareness about Liver Health through information, education and communication.
2. To assist those living with liver disease.
3. Strive continuously to bridge the global gap in the field of academics and research, relating to Liver and its diseases.

Core Values

Competence, credibility, commitment, care and cooperation constitute the culture of Liver Care Foundation

Our Team

Board of Trustees

Dr. Shiv Sarin, MD, DM Founder Trustee and member

Dr. Kiran Modi Managing Trustee and member

Mr. Vikram Varma Trustee and member

Mr. P. B. Vijay Trustee and member

Board Members

Dr. B. C. Sharma

Dr. Puja Sakhuja

Ms. Vibhuti Sharma

Ms. Shalini Prakash

Special Advisor

Former Justice Shiv Raj Patil

Legal Advisor

Mr. M. L. Lahoty

Honorary Chief Operating Officer

Ms. Vibhuti Sharma

Our Key Activities

1. Awareness
2. Assistance
3. Academic Support
4. Organization Values

Awareness

The aim of LCF is to bring about an awakening in the minds of people about the importance of functioning of liver in a human body; and if not taken care of, can create number of diseases related to liver and thus cause complications. It will also educate people about the treatment of liver disease and the availability of Doctors and Hospitals, treating this malady.

Assistance

LCF will endeavor to provide assistance in terms of financial aid (and through Donors) to those who are willing to donate their liver.

Academic Support

LCF also undertakes to promote upcoming Doctors, financially, who though, are well qualified to attend higher studies or present papers but cannot do so for lack of funds. Each case is considered on merit through a screening body before providing them with any financial assistance.

Organization Values

Competency, Credibility, Commitment, Care and Cooperation constitute the culture of The Liver Care Foundation.

Hepatitis C awareness & screening camps conducted by Liver Care Foundation

A total 69 camps for awareness & screening of Hepatitis C were organized with the collaboration of 13 NGOs at different areas of North West Delhi. All the participants were from different groups: general population, professionals & high risk groups. A total 5756 participants participated in education session & 5599 were screened. The lecture was given through flip chart. All the participants were from slum community. They were not aware about Hepatitis C. A hygiene (Toothbrush, nail cutter, razor) kit was given who got tested and asked them not to share the things with anyone.

Collaborating NGOs

S. No.	NGO'S name	S. No.	NGO'S name
1	Aradhya	8	Nav Sristhi
2	SPID Society	9	Ishwar Foundation
3	Rakshaks Foundation	10	Delhi Riding Club Foundation
4	Chetnalaya	11	Humanitarian Aid International
5	Power Trust	12	Ramky Foundation
6	Bishav Hindu Parishad	13	Jijeevisha
7	Dhani Foundation		



Education lecture was given through flip chart



Hep. C awareness & screening at Mangolpuri with Ramky Foundation

Participants' pre-test of Awareness on Hepatitis C: A survey results

Data obtained were entered and analyzed by the Liver Care Foundation team.

S. No.	Question	Yes %	No %	Not Sure %
1	Hepatitis B and Hepatitis C are the same viruses	22.67	9.39	67.93
2	HCV spreads by sharing used razors	27.04	5.57	67.38
3	Sterilization can destroy HCV completely	17.27	6.71	76.01
4	HCV spreads by sharing toothbrushes	17.56	7.19	75.24
5	There is definitive treatment for HCV	13.19	7.04	79.75
6	HCV spreads by sharing food or utensils	11.02	8.68	80.29
7	Transmission of Hepatitis C can progress to liver cancer	15.67	6.62	77.64
8	HCV spreads by sharing needles for drug use	15.11	6.35	78.53
9	Are you vaccinated against HBV?	10.7	10.26	79.03
10	HCV spreads by sharing needles for glucose drips	9.8	6.35	83.84
11	HCV is contagious	10.49	5.66	83.84
12	HCV spreads from using unsterilized tools for invasive procedures such as tooth extractions	6.44	6.39	87.16
13	HCV is preventable	8.52	5.87	85.6
14	HCV spreads by sharing needles used for tattooing and body piercing	8.82	5.85	85.31
15	Do you take a proper history before dental treatment/Shaving/undergoing an invasive procedures	5.22	6.3	88.47
16	HCV spreads from an infected mother to child	9.14	6.23	84.62
17	Do you routinely ask clients about their profession prior to offering services, as a service provider	5.11	6.62	88
18	HCV spreads by sexual contact with infected person	10.83	6.14	83.02
19	Will your attitude change towards your colleague if you know they have HCV?	4.58	7.38	88.03
20	HCV spreads via saliva through kissing	5.53	7.29	87.16
21	Do you know about universal precaution protocol?	3.99	13.19	82.81
22	HCV can spread from unprotected sex	12.69	6.17	81.12
23	Do you use both hands to cap a needle after injecting?	4.33	6.21	89.45
24	HCV can spread from unconventional sexual practices	4.49	5.78	89.71
25	Will you spend time with your friends that have HCV?	4.93	6.69	88.37
26	HCV spreads via feco-Oral route	6.35%	6.01	87.62
27	Will you share a cold beverage with a friend after knowing that she/he has HCV?	5.27	7.4	87.32
28	HCV spreads through using infected blood products	9.69	6.09	84.21
29	Social awareness Can prevent spread of HCV	26.81	6.1	67.08
30	Will you provide your services to a patient infected with HCV?	6.64	6.1	87.25
31	Once infected with HCV can patient transfer the virus at all stages of life?	4.7	6.92	88.37
32	Do you routinely ask if there is a history of being pricked by an infected needle before invasive procedures	6.4	7.97	85.61
33	Do you routinely ask if there has been a history of blood transfusion before undergoing an invasive procedure that is part of livelihood	3.6	9.83	86.55
34	HCV is riskier than HIV	11.31	8.68	80

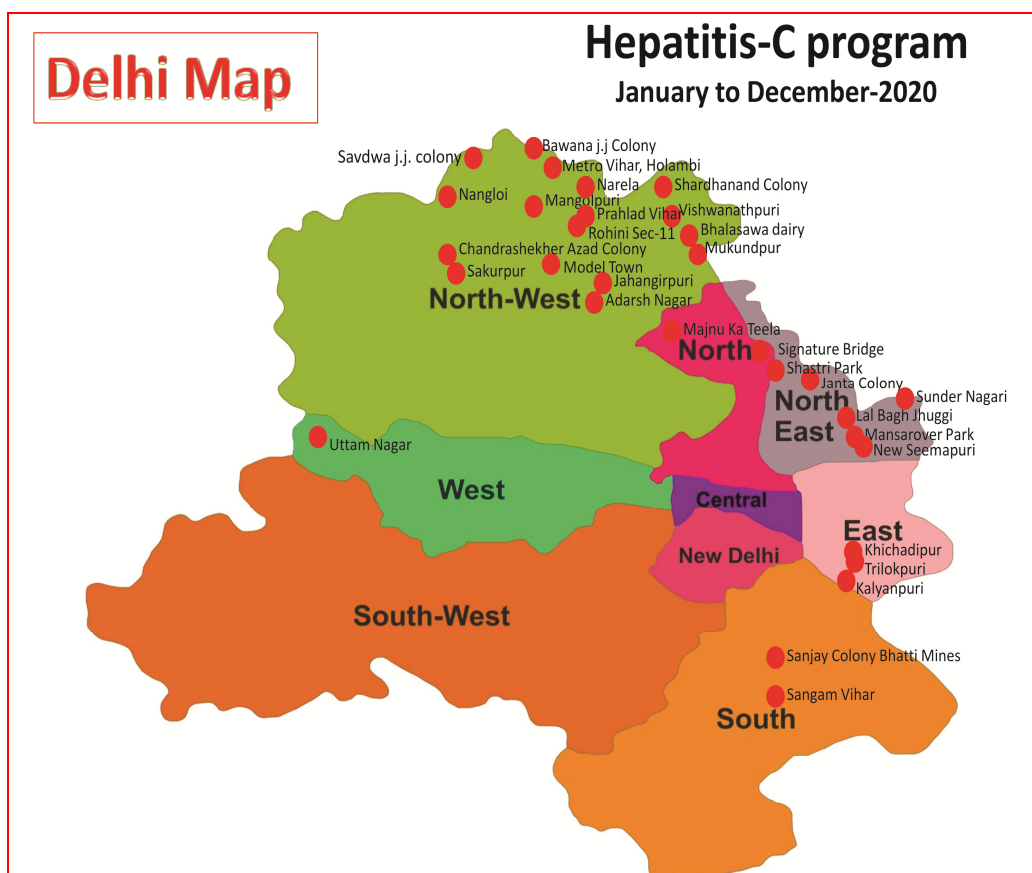
The key results show that the participant's awareness of hepatitis C in the pre-test survey was very low. There were 34 questions which were asked to the participants. Out of 5632 participants, 23% were agreed that Hepatitis C and B are the same viruses, just 9% were not agreed and 68%, the majority did not give any response. 10% were agreed that Hepatitis C is contagious, 7% did not know and 84%, the majorities were not sure about this. When we asked that "Is Hepatitis C preventable?" 86%, the majority were not sure, 8% were agreed while 6% did not know about this. 85% were not sure that HCV spread by sharing needles used for tattooing and bodies piercing, just 9% were aware while 6% did not know. When we asked that social awareness can prevent spread of HCV, 27% were aware, 6% were not aware and the majorities 67% were not sure that social awareness can prevent spread of HCV. Will you provide your services to a patient infected with HCV? 87% were sure, just 7% were agreed and 6 % did not know. The next question was that Hepatitis C virus spreads via face-oral rout. The result was that majority (88%) were not sure, 6% were agreed and 6% were not agreed. 11% were agreed that HCV is riskier than HIV, 7% were not agreed while 88% were not sure about this. When we asked that are you vaccinated against Hepatitis B? 79%, the majority were not sure, only 10% answered "yes" and 10% "no". The next question was that will your attitude change towards your colleague if you know they have HCV? 88% were completely unaware, 7% did not know, just 5% answered "yes". 13% were agreed that there is definite treatment for HCV, just 7% did not know and 80% were not sure. 87% were not sure that HCV spread via saliva through kissing; just 5% were agreed while 7% did not know. There is an urgent need for community-based interventional study for improving the knowledge and awareness level regarding hepatitis c



Participants filling the survey form



Covered Area

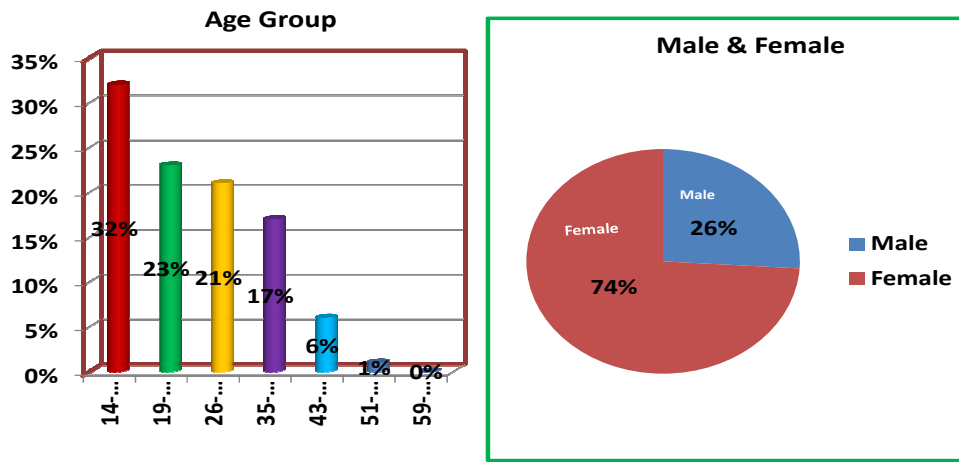


Number of participants attended the education and screening session

Month	Education Session	Screening Session	Positive Case
January	646	590	13
February	419	395	12
July	235	234	0
August	930	910	15
September	1139	1112	6
October	1433	1410	2
November	954	948	2
Total	5756	5599	50

It was a shocking report that out of a total of 50 positive cases, 44 cases were found in Refugees, who came from Pakistan.

Participants screening of hepatitis c



Data shows that out of 5999 a majority of participants 1791 (30%) were between 14-18 age group, 1271(21%) were between 19-25, 1178 (20%) were 26-24,943 (16%) were 35-42, 374(6%) were 43-41, 33(1%) were 51-58 while 9 (0%) participants were 59 to 71 years.

Data shows that 74% majority of women enthusiastically participated in the screening of hepatitis C while the numbers of male participants were just 26%.

